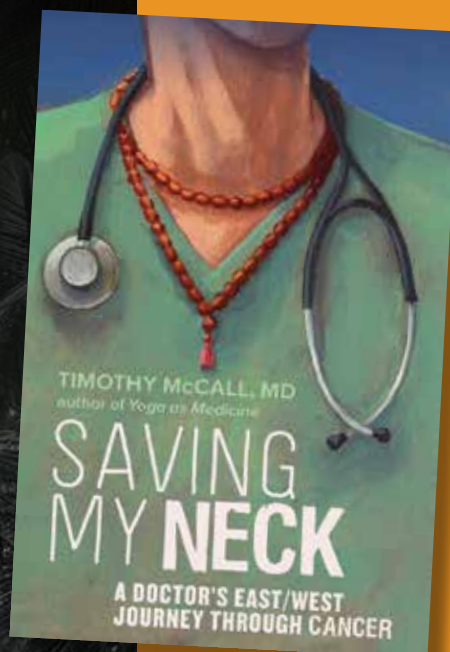


Dr. Timothy McCall's career has included three phases: practicing internal medicine, advising and advocating for health care consumers and exploring yoga, Ayurveda and other forms of holistic healing. To survive the next phase — metastatic head and neck cancer — he would need all he'd learned, plus the wealth of information he uncovered before, during and after cancer treatments that, again and again, allowed him to refine his approach. Set in both the US and India, *Saving My Neck: A Doctor's East/West Journey through Cancer* is the moving story of that journey of discovery and healing.



Kindle version available on Amazon.com

The full-color hardcover will be released May 2nd, 2019 by Whole World Publishing. Bulk discounts available to yoga teachers, studios and therapists, as well as health care professionals and holistic healers.

Timothy McCall, MD is a board-certified internist and the author of two critically acclaimed books, *Examining Your Doctor* and the bestselling *Yoga as Medicine*. He practiced medicine for more than 10 years in the Boston area before devoting himself since in 1998 to practicing, teaching, researching and writing about yoga therapy. He serves on the editorial board of the *International Journal of Yoga Therapy* and co-edited and contributed to the medical textbook, *The Principles and Practice of Yoga in Health Care*. He has studied with many of the world's leading yoga teachers including BKS Iyengar and TKV Desikachar. In 2005, he began his studies with a traditional Ayurvedic doctor, Chandukutty Vaidyar, and spent more than a year at his clinic in Kerala, India. *Yoga Journal's* medical editor since 2002, Timothy is possibly the only person whose work has appeared in both *The New England Journal of Medicine* and the poetry journal, *Exquisite Corpse*.

DrMcCall.com

