

A Webinar with Integrative Health Experts on COVID-19 (Coronavirus)

As Covid19 is a pandemic now, each of us living anywhere is vulnerable to this disease. While we must not panic, and the fatality rate appears to be lower than first thought, we must take every precaution to prevent ourselves from getting infected. Two experts are going to join us: Dr. Pratap Chauhan, Founder, Jiva Ayurveda from New Delhi and Dr. Timothy McCall, Yoga expert, author and Founder/Director of Yoga As Medicine Seminars and Teacher Trainings from Burlington, Vermont.



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Boston Center of Excellence for Health and Human Development

The BOCE was established to bring together researchers, subject matter experts, practitioners, institutions and supporters to foster research, program development, education, training and promotion of Yoga and Ayurveda. The Center aims to improve disease outcomes in the Western world by making Yoga and Ayurveda core constituents of Integrative Health and Medicine in the US and worldwide. (WWW.THEBOCE.ORG)

Dr. Partap Chauhan, BAMS, is the pioneer of Ayurvedic Telemedicine. He started the world's first Ayurvedic website, jiva.com, in the year 1995, and was the first to give online consultations to people from all over the world. Partap Chauhan is the only Ayurvedic doctor to have won the prestigious "World Summit Award" given by United Nations Organization, Geneva, for his Teledoc project designed to help rural population using technology. For his social entrepreneurial skills, he has been selected a lifetime Ashoka Fellow, by the Ashoka Foundation, USA.

Timothy McCall, MD is a board-certified internist, Yoga Journal's medical editor since 2002 and the author of the Amazon #1 bestseller *Yoga as Medicine: The Yogic Prescription for Health and Healing*. He practiced medicine in the Boston area for a dozen years before devoting himself full-time in the late 1990s to yoga therapy. He has studied with many of the world's leading yoga teachers including BKS Iyengar and TKV Desikachar, as well as Patricia Walden, Rod Stryker and Donald Moyer. In 2005, Timothy began his studies with a traditional Ayurvedic doctor, Chandukutty Vaidyar, and spent more than a year at his clinic in Kerala, India. He serves on the editorial board of *The International Journal of Yoga Therapy*, and co-edited and contributed to the 2016 medical textbook, *The Principles and Practice of Yoga in Health Care*. He regularly posts videos on his "Ask the Yoga Doctor" channel on YouTube. His latest book is *Saving My Neck: A Doctor's East/West Journey through Cancer*. DrMcCall.com